

Wild Blueberry Honey Smoothie

Van Dyk's Health Juice Products

2 oz (60 ml) Van Dyk's Wild Blueberry Juice

2 oz (60 ml) orange juice

2 oz (60 ml) plain yogurt or vanilla ice cream

2 oz (60 ml) crushed ice

2 tbsp (30 ml) honey

Place all ingredients into blender and blend until smooth.

Garnish with a few wild blueberries.

100% wild blueberry juice is full of antioxidants and loaded with flavour.

www.vandykblueberries.com